

# **Organic Stachyose Powder**



# What is Organic Stachyose Powder?

**Organic Stachyose Powder** is a high-purity, plant-based prebiotic carbohydrate extracted from organic legumes (e.g., *Stachys sieboldii* or non-GMO soybeans). With ≥95% stachyose content, this water-soluble fiber selectively feeds beneficial gut bacteria like *Bifidobacteria* and *Lactobacilli*, making it a cornerstone for digestive wellness and functional food innovation.

## **Key Highlights**

- 1. Prebiotic Efficacy:
  - 1. ≥95% Stachyose Purity (HPLC): Stimulates growth of beneficial gut microbiota.
  - 2. **Low Caloric Value**: 2 kcal/g ideal for low-GI and diabetic-friendly formulations.
- 2. Health Synergy:
  - 1. **Mineral Bioavailability**: Enhances calcium and magnesium absorption by 15-20%.



2. **Immune Modulation**: Reduces pathogenic bacteria (e.g., *Clostridium* spp.) via competitive exclusion.

#### 3. Clean & Versatile:

- 1. USDA/EU Organic certified, non-GMO, gluten-free, and allergen-free.
- 2. Neutral taste, heat-stable (up to 160°C), and fully water-soluble.

### **Specifications**

Parameter	Details
Source	Organic Stachys sieboldii or soybeans
Extraction Method	Hot water extraction, ion exchange purification
Appearance	White crystalline powder
Purity	≥95% stachyose
Moisture	≤5%
Solubility	Fully soluble in water (≥98%)
Particle Size	80-120 mesh
Caloric Value	2 kcal/g
Shelf Life	24 months (stored in cool, dry place)

# **Key Applications**

#### • Functional Foods:

• Prebiotic bars, low-GI cereals, and plant-based yogurts.



• Synbiotic blends (combined with Bifidobacterium or Lactobacillus strains).

#### • Dietary Supplements:

- Gut health capsules, chewable tablets for children.
- Elderly nutrition formulas to enhance mineral absorption.

#### Infant Nutrition:

• Organic baby formula to mimic prebiotics in breast milk.

#### Animal Feed:

• Poultry/pet food additive for gut microbiome optimization.

### **Certifications & Quality Assurance**

- Organic: USDA, EU 834/2007, JAS.
- Non-GMO: Verified by the Non-GMO Project.
- **Purity**: Heavy metals (Pb <0.1ppm, As <0.05ppm), pesticide-free.
- Microbial Safety: Total plate count <1,000 CFU/g; E. coli, Salmonella absent.

### Why Choose Us?

- Clinical Backing: Supported by 10+ peer-reviewed studies on gut microbiota modulation.
- **Custom Solutions**: Adjust purity (90-98%), carrier agents (e.g., acacia fiber), or blends (e.g., stachyose + inulin).
- Sustainability: Sourced from regenerative organic farms; zero synthetic solvents.
- Global Compliance: Meets FDA GRAS, EFSA, and China NHFPC standards.

#### **FAQs**

### Q: How does stachyose differ from FOS (fructooligosaccharides)?

A: Stachyose has a unique  $\alpha$ -galactose structure, which is slower to ferment, reducing gas/bloating compared to FOS.



### Q: Is it safe for lactose-intolerant individuals?

A: Yes! Stachyose is unrelated to lactose and safe for lactose-intolerant users.

### Q: Recommended daily dosage?

A: 3-5g/day for adults; start with 1g/day to assess tolerance.

### Q: Can it be used in baked goods?

A: Yes! Stable up to 160°C, ideal for cookies, breads, and granola.

# **Packing**







Want to learn more about this product or have any questions?

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