

# **Organic Schisandra Powder**



# What is Organic Schisandra Powder?

**Organic Schisandra Powder** is made from 100% freeze-dried *Schisandra chinensis* berries, retaining the whole fruit's natural composition of adaptogenic compounds, vitamins, and dietary fiber. Known as the "Five-Flavor Berry" (sweet, sour, salty, bitter, pungent), this powder offers holistic wellness benefits for functional foods, herbal teas, and nutraceutical formulations.

# **Key Highlights**

- 1. Whole-Berry Nutrition:
  - Schisandrins & Gomisins: Naturally occurring lignans (≥3%) for liver detoxification and ATP energy boost.
  - 2. Vitamin C & E: Antioxidant protection against oxidative stress.
  - 3. Dietary Fiber: 8-12% for gut health and sustained nutrient release.
- 2. Adaptogenic Power:



1. Balances cortisol levels, enhances mental clarity, and combats fatigue.

#### 3. Clean Processing:

1. Ethanol-free freeze-drying, non-GMO, gluten-free, no additives.

# **Specifications**

Parameter	Details
Source	Wild-harvested organic <i>Schisandra chinensis</i> berries (USDA/EU certified)
Processing	Freeze-dried and stone-milled
Appearance	Deep red-brown coarse powder
Active Compounds	Schisandrins ( $\geq$ 2%), gomisins ( $\geq$ 1%), vitamin C ( $\geq$ 50mg/100g)
Particle Size	80-120 mesh
Solubility	Water-dispersible (ideal for teas, smoothies)
Moisture	≤6%
Heavy Metals	Pb <0.5ppm, As <0.3ppm
Microbial Safety	TPC <10,000 CFU/g, pathogens absent
Shelf Life	24 months in resealable foil bags

## **Key Benefits & Applications**

#### 1. Liver & Detox Support:

1. Stimulates glutathione production; add to detox teas or supplements.

#### 2. Stress Resilience:

1. Blend with ashwagandha or rhodiola in adaptogenic coffee mixes.

#### 3. Energy & Endurance:



1. Boosts ATP synthesis; ideal for pre-workout powders or energy bars.

#### 4. Skincare:

1. Antioxidant-rich face masks to reduce UV damage.

### **Certifications & Compliance**

- Organic: USDA, EU 834/2007, JAS (Japan).
- Non-GMO: Verified by the Non-GMO Project.
- **Religious**: Halal, Kosher (optional).
- **Sustainability**: Wild-harvested with regenerative farming practices.

## Why Choose Us?

- 1. Wild-Sourced Purity: Sustainably harvested from pristine mountain regions.
- 2. Lab-Verified Potency: Batch-specific COAs for lignans, heavy metals, and microbes.
- 3. **Custom Blends**: Combine with goji, reishi, or hemp protein for tailored formulations.
- 4. Eco-Packaging: Recyclable kraft bags with oxygen absorbers.

### FAQs

### Q: How does whole berry powder differ from extracts?

A: Whole powder retains fiber and full-spectrum nutrients; extracts concentrate specific actives (e.g., schisandrins).

### Q: Can I cook with Schisandra powder?

A: Yes! Add to soups, oatmeal, or baked goods (avoid temps >100°C to preserve actives).

### Q: Safe for long-term use?

A: Traditional TCM recommends cycling (3 weeks on, 1 week off). Consult a practitioner.

### **Q: MOQ for bulk orders?**

A: 5kg samples available; bulk pricing for 50kg+ orders.



# Packing

