

## organic Prune Powder



### What is Organic Prune Powder?

Organic Prune Powder delivers whole-fruit nutrition with skin and fiber for digestive wellness. We also supply Organic Prune Juice Powder, a fast-dissolving extract rich in sorbitol, perfect for instant functional beverages and sugar-free formulations. These nutrient-rich formats harness prunes' natural digestive benefits and mild sweetness, offering versatile solutions for food, beverage, and supplement industries.

### Key Highlights

#### 1. Dual Specifications:

1. **Prune Powder:** Dehydrated whole fruit with skin and fiber.
  2. **Prune Juice Powder:** Concentrated juice extract for high solubility.
2. **Digestive Wellness:**
1. **Dietary Fiber** ( $\geq 12\%$ ): Supports regular bowel movements and gut microbiome.
  2. **Natural Sorbitol** ( $\geq 5\%$ ): Gentle osmotic laxative effect.
3. **Clean & Functional:** USDA Organic, non-GMO, no added sugars, gluten-free.

## Specifications

Parameter	Prune Powder	Prune Juice Powder
<b>Source</b>	Organic <i>Prunus domestica</i> fruit	Organic pressed and spray-dried juice
<b>Appearance</b>	Brown, slightly coarse texture	Fine light brown powder
<b>Active Compounds</b>	$\geq 12\%$ fiber, $\geq 5\%$ sorbitol	$\geq 18\%$ sorbitol, $\leq 1\text{g}/100\text{g}$ fiber
<b>Solubility</b>	Partially soluble (ideal for blends)	Fully soluble in hot/cold liquids
<b>Glycemic Index</b>	Low (GI 29)	Low (GI 25)
<b>Shelf Life</b>	18 months	24 months

## Key Features & Benefits

1. **Prune Powder:**
1. **Whole-Fruit Nutrition:** Retains skin for polyphenols and prebiotic fiber.
  2. **Baking & Snacks:** Natural sweetener for energy bars, oatmeal, or cookies.
2. **Prune Juice Powder:**
1. **Fast-Acting Digestive Aid:** High sorbitol concentration for gentle relief.

2. **Beverage & Dairy:** Dissolves instantly in smoothies, yogurts, or plant milk.

3. **Shared Benefits:**

1. **Bone Health:** Rich in vitamin K and boron for calcium absorption.
2. **Antioxidant Support:** Chlorogenic acid combats oxidative stress.

## Applications

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- **Functional Foods:** Add to cereals, baked goods, or vegan desserts.
- **Dietary Supplements:** Capsules, gummies, or powders for gut health.
- **Beverages:** Juice powder for ready-to-drink laxative teas or wellness shots.
- **Natural Sweetener:** Sugar-free alternative in sauces or dressings.

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## Certifications & Quality Assurance

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- **Organic Certifications:** USDA, EU 834/2007, JAS.
- **Non-GMO:** Verified by the Non-GMO Project.
- **Purity:** Heavy metals (Pb <0.1ppm, As <0.05ppm), pesticide-free.
- **Microbial Safety:** Compliant with USP and ISO standards.

## Why Choose Us?

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- **Premium Quality:** Rigorously tested for fiber, sorbitol, and purity.
- **Complete Range:** Supply both formats for diverse industry needs.
- **Custom Solutions:** Bulk orders, private labeling, or blended formulations (e.g., prune + psyllium).
- **Sustainability:** Ethically sourced with minimal water-intensive processing.

## FAQs

### Q: What's the difference between the two powders?

A: **Prune Powder** includes fiber and skin; **Juice Powder** is a concentrated extract with higher sorbitol and solubility.

### Q: Can prune powder replace sugar in recipes?

A: Yes! Its natural sweetness reduces added sugar needs by 30-50%.

### Q: Are these suitable for diabetics?

A: Yes, both have low GI. Consult a healthcare provider for portion guidance.

### Q: How much powder equals one prune?

A: 1 tsp (5g)  $\approx$  3-4 whole prunes.

## Packing



Want to learn more about this product or have any questions?

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