

Organic Chinese Red Dates



What is Organic Chinese Red Dates?

Organic Chinese Red Dates are meticulously grown and harvested from 100% pure, organically certified *Ziziphus jujuba* trees. We select ripe, succulent dates, which are then carefully cleaned and gently dried to preserve their natural sweetness, characteristic reddish-brown hue, and comprehensive nutritional profile. This minimal processing ensures the dates retain their inherent goodness, including **Vitamin C**, **dietary fiber**, **polysaccharides**, and various **antioxidants**. The organic certification guarantees that our dates are cultivated without synthetic pesticides, herbicides, or genetically modified organisms, aligning with strict clean-label and natural ingredient standards. Chinese Red Dates are highly regarded in TCM for their ability to nourish the blood, calm the mind, and support overall vitality. They are often consumed to aid digestion, promote relaxation, and enhance natural immunity. Their mild, subtly sweet, and earthy flavor makes them a versatile ingredient, whether enjoyed on their own as a healthy snack, brewed into teas, or incorporated into various culinary creations. As a whole fruit ingredient, they appeal to consumers seeking wholesome, unprocessed, and traditionally valued superfoods.

Specifications

Attribute	Details
Common Names	Organic Red Dates, Organic Jujube, Organic Da Zao
Latin Name	<i>Ziziphus jujuba</i>
Source	100% Organic Chinese Red Dates (whole, dried fruit)
Processing	Washing, gentle drying (e.g., sun-dried, oven-dried at low temperatures)
Appearance	Wrinkled, reddish-brown to dark brown, oval-shaped fruit
Flavor	Characteristic sweet, subtly earthy, mild fruit notes
Texture	Chewy, moist (variable by grade/moisture content)
Key Nutrients	Vitamin C, Dietary Fiber, Polysaccharides, Flavonoids, Antioxidants, Potassium, Iron
Moisture Content	Max 20-25% (variable by grade)
Size	Variable (typically 2-4 cm in length, customizable by grade)
Microbiological Purity	Meets international food safety standards (e.g., E. coli, Salmonella absent)
Heavy Metals	Low levels, compliant with international regulations
Key Characteristics	Natural sweetener, traditional superfood, immune support, calming properties, clean label
Dietary Suitability	Vegan, Gluten-Free, Non-GMO

Key Features

- **Natural Sweetness:** Offers a pleasant, mild sweetness straight from the fruit, providing a wholesome and clean-label alternative to refined sugars.
- **Rich in Vitamin C:** A good natural source of **Vitamin C**, an essential antioxidant that supports immune function and promotes skin health.
- **Good Source of Dietary Fiber:** Contains beneficial **dietary fiber**, which aids in digestive regularity and supports overall gut health.

- **Traditional Superfood Benefits:** Revered in TCM for its properties that include nourishing the blood, calming the mind, supporting digestion, and enhancing natural immunity.
- **Contains Polysaccharides & Antioxidants:** Naturally rich in **polysaccharides** and **flavonoids**, contributing to its immune-modulating and antioxidant properties.
- **Versatile Whole Fruit:** Can be enjoyed as a snack, brewed into teas, or easily incorporated into a variety of culinary applications.
- **Organic & Clean Label:** Certified organic and non-GMO, free from synthetic pesticides, herbicides, and artificial additives, meeting the demands of health-conscious consumers.
- **Unique Flavor Profile:** Imparts a distinctive, subtly sweet, and earthy fruit flavor that adds depth and traditional appeal to formulations.

Applications

Our **Organic Chinese Red Dates** are an incredibly versatile and in-demand ingredient for a multitude of B2B applications across the nutraceutical, food, and beverage industries:

- **Snack & Trail Mixes:**
 - An ideal wholesome, naturally sweet, and chewy addition to gourmet trail mixes, fruit and nut blends, and healthy snack packs.
- **Herbal Teas & Infusions:**
 - A core ingredient in premium organic herbal tea blends, both loose-leaf and tea bag formulations, for their flavor and wellness properties.
- **Functional Soups & Broths:**
 - Traditionally simmered in broths, stews, and savory dishes to add natural sweetness, nutrients, and traditional health benefits.
- **Confectionery & Baked Goods:**
 - Used whole or chopped in energy bars, granolas, muffins, cakes, and other baked goods for natural sweetness, fiber, and chewy texture.
- **Health & Wellness Products:**
 - Packaged for retail as a traditional superfood snack for consumers seeking natural energy, immune support, and relaxation.

- **Baby & Toddler Foods (after rehydration/puréeing):**

- A natural, nutritious, and subtly sweet addition to purees and porridges, suitable for introducing wholesome flavors.

Why Choose Our Organic Chinese Red Dates?

Partnering with us for your **Organic Chinese Red Dates** needs ensures a premium, traditionally valued, and increasingly sought-after ingredient that aligns with major consumer trends:

- **Authentic Traditional Benefits:** Leverage the ancient wisdom and growing consumer recognition of Chinese Red Dates as a nourishing superfood.
- **Guaranteed Organic Certification:** Our red dates adhere to stringent organic standards, vital for your clean-label and premium product lines.
- **Natural Sweetness & Clean Label:** Offers a desirable, unprocessed alternative to refined sugars, appealing to consumers seeking wholesome and transparent ingredients.
- **Versatile Whole Fruit Format:** Provides flexibility for various applications, from direct snacking to inclusion in complex recipes and beverages.
- **Consistent Quality & Purity:** Our meticulous sourcing and processing methods ensure a reliable, pure, and safe product batch after batch, meeting rigorous international food safety standards.
- **Robust & Scalable Supply Chain:** As a dedicated B2B supplier, we offer dependable sourcing and the capacity to meet your production demands, from small to bulk orders, efficiently and consistently.
- **Comprehensive Technical Support:** Our team can provide detailed data sheets, Certificates of Analysis (CoAs), and expert guidance to support your product development, labeling, and regulatory compliance needs.

FAQs

Q: What is the primary taste profile of Organic Chinese Red Dates?

A: **Organic Chinese Red Dates** have a **mildly sweet, slightly earthy flavor with subtle fruity notes**, often compared to a blend of apple and date, or a caramelized prune. It's a gentle sweetness, not overpowering.

Q: Are Organic Chinese Red Dates a good source of Vitamin C after drying?

A: While drying can reduce some heat-sensitive vitamins, Chinese Red Dates are naturally rich in **Vitamin C**, and significant levels are retained in the dried fruit, contributing to their overall nutritional value.

Q: What's the typical shelf life and recommended storage for bulk quantities?

A: Our **Organic Chinese Red Dates** typically have a shelf life of **12-18 months** from the manufacturing date when stored in a cool, dry place, away from direct sunlight and moisture, in their original sealed, airtight packaging.

Q: Are your Organic Chinese Red Dates non-GMO and allergen-free?

A: Yes, as a certified organic product, our **Organic Chinese Red Dates** are inherently **Non-GMO**. They are also naturally free from common allergens such as gluten, dairy, soy, and nuts, making them suitable for broad application in "free-from" products.

Q: How can Organic Chinese Red Dates be incorporated into savory dishes?

A: Their natural sweetness and earthy notes make them excellent additions to savory dishes like stews, braised meats, and soups, particularly in Asian-inspired cuisine. They add depth of flavor and nutrients, often softening and releasing their sweetness during cooking.

Packing

